

Behavioural Risk Factor Survey 2016 (April) - Code Table

Variable	Question	Code	Code Description
Casenumbr	Case number	-	-
v3	Gender	1 2	Male Female
v4x	Your height is? ____ cm	7777 9998 9999	Outlier (<100cm or >190cm) / pregnant Don't know Refuse to answer
v5x	Your weight is? ____ kg	7777 9998 9999	Outlier (<37kg or >120kg) / pregnant Don't know Refuse to answer
v6x	Your waist circumference is? ____ cm	7777 9998 9999	Outlier (<50cm or >120cm) / pregnant Don't know Refuse to answer
v7_r	What do you think about your current weight; is it overweight, just right, or underweight?	1 2 3 98 99 777	Overweight Just right Underweight Don't know Refuse to answer Outlier (of v4x or v5x) / pregnant
v8	During the last 7 days, on how many days did you do vigorous physical activities? _____ Days	0 1 2 3 4 5 6 7 98 99	0 Day 1 Day 2 Days 3 Days 4 Days 5 Days 6 Days 7 Days Don't know Refuse to answer
v9	On those days that you have performed vigorous physical activities for at least 10 minutes, how much time on average per day did you usually spend doing vigorous physical activities? _____ (minutes)	9997 9998 9999	Not applicable (for v8=0, 98, 99) Don't know Refuse to answer
v10	During the last 7 days, on how many days did you do moderate physical activities? _____ Days	0 1 2 3	0 Day 1 Day 2 Days 3 Days

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		4	4 Days
		5	5 Days
		6	6 Days
		7	7 Days
		98	Don't know
		99	Refuse to answer
v11	On those days that you have performed moderate physical activities for at least 10 minutes, how much time on average per day did you usually spend doing moderate physical activities? _____ (minutes)	9997	Not applicable (for v10=0, 98, 99)
		9998	Don't know
		9999	Refuse to answer
v12	During the last 7 days, on how many days did you walk for at least 10 minutes at a time? _____ Days	0	0 Day
		1	1 Day
		2	2 Days
		3	3 Days
		4	4 Days
		5	5 Days
		6	6 Days
		7	7 Days
		98	Don't know
		99	Refuse to answer
v13	On those days that you have walked for at least 10 minutes at a time, how much time on average did you usually spend walking in one of those days? _____ (minutes)	9997	Not applicable (for v12=0, 98, 99)
		9998	Don't know
		9999	Refuse to answer
v14	During the last 7 days, how much time on average did you usually spend sitting on a weekday? _____ (minutes)	7777	Outlier (<10 mins or >900 mins)
		9998	Don't know
		9999	Refuse to answer
v15	During the past 30 days, how often did you <u>exercise in your leisure time</u> , which at least made you breathe somewhat harder than normal and sweat?	1	Once or more a day
		2	4-6 times per week
		3	2-3 times per week
		4	Once a week
		5	2-3 times a month
		6	Once a month
		7	Less than once a month
		98	Don't know
		99	Refuse to answer
v16	On average, how many days do you eat fruit each	1	1 Day

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	week? (excluding fruit juice)	2 3 4 5 6 7 8 98 99	2 Days 3 Days 4 Days 5 Days 6 Days 7 Days None Don't know Refuse to answer
v17	On average, how many fruit did you eat on one of those days? _____ Pieces	997 998 999	Not applicable (for v16=8, 98, 99) Don't know Refuse to answer
v18	On average, how many days do you eat vegetables each week? (excluding vegetable juice)	1 2 3 4 5 6 7 8 98 99	1 Day 2 Days 3 Days 4 Days 5 Days 6 Days 7 Days None Don't know Refuse to answer
v19	On average, how many bowls of cooked vegetables did you eat on one of those days? _____ Bowls	997 998 999	Not applicable (for v18=8, 98, 99) Don't know Refuse to answer
v20	On average, how many days in the week do you drink at least one cup of fruit or vegetable juice?	1 2 3 4 5 6 7 8 98 99	1 Day 2 Days 3 Days 4 Days 5 Days 6 Days 7 Days None Don't know Refuse to answer
v26	Have you ever smoked before?	1	Yes, but not now

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		2	Yes, and still smoking
		3	Never
		98	Don't know
		99	Refuse to answer
v27	How long have you stopped smoking?	1	Less than 1 month
		2	1 month to 1 year
		3	More than 1 year
		96	Not applicable (for v26=2)
		97	Not applicable (for v26=3, 98, 99)
		98	Don't know
		99	Refuse to answer
v28	How many cigarettes do you smoke on average per day?	1	Less than 1 per day
		2	1-10 per day
		3	11-20 per day
		4	More than 20 per day
		96	Not applicable (for v26=1)
		97	Not applicable (for v26=3, 98, 99)
		98	Don't know
		99	Refuse to answer
v29	In the next 6 months, are you planning to quit smoking or smoke less?	1	Yes, plan to quit smoking
		2	Yes, plan to smoke less
		3	No plan to change
		4	Not sure/Don't know
		96	Not applicable (for v26=1)
		97	Not applicable (for v26=3, 98, 99)
		99	Refuse to answer
v30	During the past year, did you have a drink containing alcohol?	1	Yes
		2	No
		98	Don't know
		99	Refuse to answer
v31	In the next 6 months, will you have a drink containing alcohol?	1	Yes
		2	No
		3	Not sure/Don't know
		97	Not applicable (for v30 ≠ 2)
		99	Refuse to answer
v32x	How often do you have a drink containing alcohol?	1	Less than monthly
		2	Once a month
		3	2 to 3 times a month
		4	Once a week
		5	2 times a week
		6	3 times a week
		7	4 times a week

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		8	5 times a week
		9	6 times a week
		10	Once a day
		77	Outlier (for v34x=777)
		97	Not applicable (for v30 ≠ 1)
		98	Don't know
		99	Refuse to answer
v33_r	On a typical day when you are drinking, what type of drinks containing alcohol do you have?	1	Beer
		2	Red/White wine
		3	Spirit
		4	Rice wine
		5	Shorgum
		6	Sake
		7	Umeshu
		8	Cocktail
		9	Fruit/Sweet wine
		10	Herbal liqueur
		11	Cider
		20	Others
		77	Outlier (for v34x=777)
		97	Not applicable (for v30 ≠ 1)
		98	Don't know
		99	Refuse to answer
v34x	Average number of units of drinks consumed on a typical day respondents drank alcohol (one unit equals to 10 grams of ethanol)	777	Outlier (>24 units)
		997	Not applicable (for v30 ≠ 1 or v33_r=98, 99)
		998	Don't know
		999	Refuse to answer
v35x	How often do you have at least 5 or more drinks on one occasion?	1	Never
		2	Less than monthly
		3	Once a month
		4	2 times a month
		5	3 times a month
		6	Once a week
		7	2-3 times a week
		8	4-6 times a week
		9	Daily or almost daily
		77	Outlier (for v34x=777)
		97	Not applicable (for v30 ≠ 1)
		98	Don't know
		99	Refuse to answer
v36_r	In the next 6 months, are you planning to change your drinking habit?	1	Yes, plan to drink more
		2	Yes, plan to drink less
		3	Yes, plan to stop drinking completely
		4	No plan to change
		5	Not sure / Don't know

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		77	Outlier (for v34x=777)
		97	Not applicable (for v30 ≠ 1)
		99	Refuse to answer
v54	What is your age?	998	Don't know
		999	Refuse to answer
v55	What is your highest educational attainment?	1	Primary or below
		2	Lower secondary (S1-S3)
		3	Upper secondary (S4-S6) / Matriculation
		4	Tertiary (Non-degree, degree or above)
		5	Refuse to answer
v56	What is your marital status?	1	Never married
		2	Married and with child(ren)
		3	Married and without child
		4	Divorced or Separated
		5	Widowed
		6	Refuse to answer
v57	Are you currently engaged in a job?	1	Yes
		2	No
		99	Refuse to answer
v58	What is your occupation?	1	Employer/Manager/Administrator
		2	Professional
		3	Associate Professional
		4	Clerk
		5	Service worker
		6	Shop sales worker
		7	Skilled agricultural/fishery worker
		8	Craft and related worker
		9	Plant and machine operator and assembler
		10	Un-skilled worker
		11	Others
		77	Not applicable (for v57 ≠ 1)
		99	Refuse to answer
v59	You are a ...	1	Student
		2	Home-maker
		3	Unemployed person
		4	Retired person
		5	Others
		77	Not applicable (for v57 ≠ 2)
		99	Refuse to answer
v60	How much is your monthly personal income, including all sources of income?	1	None
		2	\$1-1,999
		3	\$2,000-3,999
		4	\$4,000-5,999
		5	\$6,000-7,999
		6	\$8,000-9,999
		7	\$10,000-11,999

Variable	Question	Code	Code Description
		8	\$12,000-13,999
		9	\$14,000-15,999
		10	\$16,000-17,999
		11	\$18,000-19,999
		12	\$20,000-24,999
		13	\$25,000-29,999
		14	\$30,000-34,999
		15	\$35,000-39,999
		16	\$40,000-44,999
		17	\$45,000-49,999
		18	\$50,000 or above
		19	Refuse to answer
		77	Not applicable (for v57=2)
		97	Not applicable (for v57=99)
		99	No fixed income/Don't know
v61	How much is your monthly household income, including all sources of income?	1	Less than \$2,000
		2	\$2,000-3,999
		3	\$4,000-5,999
		4	\$6,000-7,999
		5	\$8,000-9,999
		6	\$10,000-11,999
		7	\$12,000-13,999
		8	\$14,000-15,999
		9	\$16,000-17,999
		10	\$18,000-19,999
		11	\$20,000-24,999
		12	\$25,000-29,999
		13	\$30,000-34,999
		14	\$35,000-39,999
		15	\$40,000-44,999
		16	\$45,000-49,999
		17	\$50,000-54,999
		18	\$55,000-59,999
		19	\$60,000 or above
		20	Don't know
		21	Refuse to answer
v62	What is your type of living quarter?	1	Public rental flats
		2	Housing Authority subsidised sale flats
		3	Housing Society subsidised sale flats
		4	Private residential flats
		5	Villas/Bungalows/Modern village houses
		6	Simple stone structures/ Traditional village houses
		7	Staff quarters
		8	Non-domestic quarters
		9	Refuse to answer

Variable	Question	Code	Code Description
Weighting	Weighting applied in the survey	-	-